

Prayer Partner's Handbook: Unlocking God's Healing, Deliverance and Freedom in Spirit, Soul and Body

Contents

Contents.....	2
Introduction.....	15
Living in freedom by the power of the Holy Spirit.....	15
What you'll discover in this book.....	19
Who is this book for?	20
Who are prayer partners?	20
Let's begin.....	21
Section 1: Foundations of healing and deliverance	22
What is healing and deliverance?.....	23
The ministry of healing and deliverance	23
The healing ministry and role of prayer partners.....	24
Deliverance for believers only	25
The Holy Spirit's role.....	26
Salvation: The foundation for healing and deliverance.....	28
Understanding salvation	28
Why salvation must come first.....	30
How to check for salvation.....	30
Leading someone in the prayer of salvation	30
Prayer of salvation	31
Follow-up after salvation.....	32
Sōzō – An integrated approach.....	33
What does sōzō mean?.....	33
Practical implications for prayer partners.....	34
Healing and salvation: Two sides of the same coin.....	35
Wholeness and health	36
Sample prayer for the prayee.....	38
Sample prayer for prayer partners to fulfil their calling.....	39
Understanding healing	41
What is healing?	41
Healing is God's will.....	43
Identifying and overcoming roadblocks to healing	46

Sample prayer for identifying and overcoming roadblocks to healing.....	49
Understanding deliverance.....	51
Demons can cause someone to be unwell.....	51
The nature of spiritual warfare.....	53
Not all illness or suffering is caused by demons.....	54
Jesus Christ has authority over all demons.....	55
Overcoming demonic influence.....	55
Casting out of demons glorifies God.....	55
Sample prayer for deliverance ministry.....	56
The Father, Son, and Holy Spirit.....	58
The role of the Father.....	58
The role of the Son (Jesus Christ).....	60
The role of the Holy Spirit.....	62
Key takeaway for prayer partners.....	63
Sample prayer for deliverance ministry.....	64
Section 2: Understanding human complexity.....	66
Understanding human complexity.....	67
Spirit, soul, and body.....	67
Exploring the spirit, soul, and body connection.....	69
An integrated approach to healing.....	70
Relationship between inner healing and deliverance.....	71
Sample prayer for an integrated approach.....	72
Understanding soul ties.....	74
What are soul ties?.....	74
Types of soul ties.....	75
How are ungodly soul ties formed?.....	75
The consequences of ungodly soul ties.....	77
How to break ungodly soul ties.....	77
Sample prayer for breaking unhealthy soul ties.....	78
Personalities, the flesh and external influence.....	79
Human disposition (character flaws).....	79
The flesh.....	81
External demonic influence from the enemy.....	83

Distinguishing between dispositional and spiritual issues.....	86
Sample prayer for discernment in understanding struggles.....	91
Generational sins, curses and iniquities	93
Generational sins: Breaking the cycle of repeated behaviour.....	93
Generational curses: Breaking spiritual bondage.....	94
Generational iniquities: Addressing deep-rooted sin.....	94
Why "generational iniquity" is the preferred.....	95
Sample prayer for breaking generational sins and curses.....	97
Culture and customs.....	99
Consuming blood.....	99
Eating food offered to idols.....	100
Practising divination, sorcery, or witchcraft.....	101
Navigating cultural sensitivity.....	102
Sample prayer for navigating customs with sensitivity	103
Section 3: Jesus as our model	104
How Jesus ministered to people	105
Heart attitude – invisible traits.....	105
Practical ways – visible actions.....	106
Sample prayer to minister like Jesus.....	113
Take risks for Jesus: Fear god, not man.....	115
What does it mean to fear God, not man?	116
Jesus took risks for the kingdom.....	117
Taking risks in prayer ministry.....	117
What the Bible says if we fear man and not God.....	118
Overcoming the fear of man.....	120
The reward of risk-taking.....	121
Sample prayer for courage to take risks for Jesus	121
How Jesus heals the broken heart.....	123
Key insights from 2 Kings 6:15-17	123
The process of inner healing	124
Encountering Jesus	125
Heal the broken heart first	125
Ministering to the broken heart	125

Sample prayer for inner healing.....	127
How did Jesus cast out demons.....	129
Mark 5:8.....	130
Mark 9:25.....	130
Luke 4:35.....	131
Luke 8:30.....	132
Section 4: Spiritual insights and discernment.....	136
Humility and dependence on the Holy Spirit.....	137
Seeing what the Father does.....	137
Shifting atmospheres in partnership with the Holy Spirit	138
Practical ways to shift atmospheres.....	139
Sample prayer for humility and discernment in ministry.....	141
Spiritual insights, discernment, and wisdom.....	143
Spiritual insights	143
Discernment.....	144
Wisdom.....	144
Implications for prayer partners.....	145
Sample prayer for spiritual insights, discernment, and wisdom	147
Hearing the voice of God.....	149
The importance of hearing God's voice.....	149
Four keys to hearing God	150
Removing barriers to hearing God.....	151
Sample prayer to hear God's voice	152
Words of knowledge and prophetic words	154
What are words of knowledge?.....	154
What are prophetic words?	154
Importance to healing and deliverance ministry.....	156
Using these gifts strategically	158
Caution and accountability.....	159
Sample prayer for using words of knowledge and prophetic words.....	159
Demonstrating the fruit of the Spirit	161
Why does the fruit of the spirit matter?	161
Each fruit matters	162

Practical steps to cultivate the fruit.....	164
Sample prayer to cultivate the fruit of the Holy Spirit	165
Section 5: Practical steps for healing and deliverance	167
The prayer of faith	168
What is faith?	168
Healing follows from faith in God	169
Faith of the person seeking healing.....	169
Faith of those praying for healing.....	171
Sample prayer of faith for healing.....	173
Understanding power and authority.....	174
What is power?	177
What is authority?.....	178
The source of power and authority	182
Pray from a position of victory	184
Freely you have received; freely give.....	186
“Drive out all demons” then “cure diseases”	188
Sample prayer for alignment with God’s will.....	190
5-Step healing and deliverance process.....	192
Step 1. Interview: Understanding the need.....	192
Step 2. Diagnosis: Identifying root causes	194
Step 3. Prayer selection: Ministering integrated healing and deliverance	196
Step 4. Feedback: Evaluating the impact	198
Step 5. Post-prayer instructions: Securing the healing and deliverance.....	199
Sample prayer for using the 5-step process.....	201
Key principles for integrated healing	203
Remain flexible and Spirit-led throughout the process.....	203
Break strongholds by exposing lies and replacing them with God’s truth	203
Forgive God, others, and yourself	204
Healing and deliverance are interconnected	204
Address healing holistically – spirit, soul, and body	205
Build trust through active listening and compassionate presence	206
Stay within your authority and knowledge boundaries.....	206
Maintain connection with your prayer team and leadership	207

Document patterns and testimonies for future reference	207
Sample prayer for holistic healing	207
Pray for physical healing.....	209
Pray boldly and with expectation.....	211
Listen to spiritual guidance.....	211
Act in faith	212
Invite the Holy Spirit.....	212
Command the sickness to leave	213
Encourage them to test their healing	213
Persist in prayer and faith	213
Identifying and addressing blockages to healing	214
Faith and medical considerations.....	214
Rejecting ungodly beliefs.....	216
Why help others overcome ungodly beliefs.....	217
How to overcome ungodly beliefs	217
Key scriptures to overcome ungodly beliefs	220
Sample payer to identify and renounce ungodly beliefs	221
Overcoming unhealthy beliefs	223
Why help others overcome unhealthy beliefs	223
How to overcome unhealthy beliefs.....	224
Sample prayer to help overcome unhealthy beliefs.....	226
The power of positive memories in inner healing	228
Why positive memories matter.....	229
Steps to use positive memories in prayer ministry	229
Sample prayer to reconnect with positive memories	231
Prayer styles for soul pains	233
Participatory prayer: Empowering the individual to connect with God.....	233
Directive prayer: Stepping in when guidance is needed	236
Choosing the right approach.....	241
Combining both styles.....	242
Inner healing and soul restoration.....	243
Directive prayer style for inner healing.....	243
Section 6: Overcoming spiritual strongholds.....	249

Pulling down of strongholds.....	250
Why pull-down strongholds?	250
Directive prayer style.....	251
Participatory prayer style.....	257
Identifying demonic influence	263
Identifying and closely doorways to demonic influence.....	268
How does deliverance ministry work?.....	273
Jesus's deliverance ministry	273
The journey to freedom through deliverance	274
Avoiding the devil's foothold	274
Identifying open doors.....	276
Closing opened doors.....	276
Staying free through sanctification and discipleship	277
Ground rules for deliverance.....	278
The nature of deliverance ministry.....	278
Ground rules for deliverance	279
Deciding whether to minister individually or as a couple.....	280
Stirring up compassion.....	284
Casting out demons.....	285
Understanding principalities and powers	286
Preparing for deliverance sessions.....	288
Command evil spirits to "come out" and leave.....	289
Modelling effective deliverance ministry	294
How to cast out demons	296
Help the person relax.....	296
Instruct the person how to cooperate with you	297
Practical instructions for the person receiving deliverance	299
Command the spirits with authority.....	301
Breaking agreements formed with evil spirits.....	302
Deliverance process: Practical steps for prayer partners.....	303
Persist until there is a release	304
Aids should be used only as led by the Holy Spirit.....	305
Possible manifestations during deliverance	306

Exit routes for demons	308
How to know the spirits have gone.....	311
Immediately after deliverance	312
Displacement of demons.....	315
Releasing blessings to counter affliction.....	315
Understanding the displacement of demons	316
Steps to displace demons.....	317
A practical example of displacement	320
Demons manifest	321
How to spot the manifestation of demons	321
Recognising possible signs of demonisation	322
What prayer partners should do when demons manifest.....	327
Overcome specific human dispositions	329
Directive prayer style	330
Participatory prayer style.....	339
Section 7: Special topics in ministry.....	349
Can evil spirits live on the inside of a Christian?	350
Christians are NOT owned by demons	350
“Demon-possessed” or “had demons”?	351
Understanding spirit, soul, and body.....	353
Can an evil spirit inhabit a Christian?.....	354
Arguments for and against	355
Guidance for prayer partners.....	355
Sample prayer for sensitivity and discernment.....	358
Sickness and spiritual deliverance	360
Sickness as a natural phenomenon.....	360
Sickness with a potential spiritual connection	361
Sickness not unto death.....	362
Death and healing	362
Sample prayer for healing and restoration	362
The prayee must want, not just be willing, to be free.....	364
The prayee must want freedom	364
Willingness to cooperate with the Holy Spirit.....	365

Willingness to cooperate with the prayer partner	365
Why these qualities are important	365
How the prayer partner can help	366
Sample prayer for the prayee.....	367
Why some people are not delivered	368
Issues with the person ministering deliverance	368
Issues with the person being delivered.....	370
Overcoming barriers to deliverance	372
Post-deliverance care and follow-up	376
Understanding the need for follow-up.....	376
Encourage lifestyle changes.....	378
Discipleship and sustainable freedom.....	380
Aim of inner healing and deliverance	380
Helping people rebuild their lives.....	380
Helping others put on the armour of God.....	381
Developing and sustaining daily spiritual practices	384
Long-term spiritual growth strategies.....	385
House cleansing.....	387
Why house cleansing matters.....	387
Key areas to deal with in-house cleansing	389
How to cleanse the house.....	390
Instructions to house owner.....	395
Practical steps and sample prayers for specific items.....	395
Maintaining a cleanse home.....	401
The power of a cleansed home.....	401
Special topics in healing and deliverance	403
Authority to forgive someone's sins.....	403
Restoring broken relationships with God	405
Restoring broken relationships with people	407
Restoring broken relationships with self.....	408
Vows.....	410
Curses.....	413
Ungodly oaths and promises.....	416

Addressing trauma and abuse with sensitivity	418
Addictions and compulsive behaviours	420
Freemasonry.....	423
New age practices.....	425
Shock and trauma	427
Depression.....	429
Anxiety disorders	431
Substance use disorders.....	433
Burnout and stress-related disorders.....	435
Section 8: Preparing and sustaining your ministry	437
Being a bondservant of God and Jesus	438
Who is a bondservant?	438
Bondservant of God.....	439
Bondservant of the Lord Jesus Christ.....	440
Practical considerations for ministry.....	440
Practical ways to become a bondservant	441
Sample prayer to become a good bondservant of God.....	444
Essential principles for prayer ministry	446
Reliance and dependence on His power and grace	446
Sensitivity to the Holy Spirit.....	446
Sovereignty of God to heal and deliver	447
Walking in love, humility, and compassion.....	447
Faith: the roles of the prayer partner and the recipient.....	447
The power of prayer and fasting in breakthrough ministry	448
Guarding against pride and striving	449
Maintaining spiritual armour	449
Prioritising personal spiritual health	450
Preparing to be a prayer partner.....	451
Understanding the delegated authority of believers	451
Spiritual disciplines for ministry readiness.....	451
Developing your spiritual life	452
Model for living victoriously in Christ.....	453
Common fears and how to overcome them.....	455

Fear of inadequacy	455
Fear of failure.....	455
Fear of confrontation	456
Personal limitations	456
Lack of confidence in hearing God's voice	457
Dealing with discouragement	457
Ministry guidelines for prayer partners.....	458
Preparing and creating a healing environment	458
Preparing for a healing or deliverance session.....	459
General ministering guidelines.....	461
Quick instructions for the prayer partner	467
Ministering in different settings.....	469
Strengthening, encouraging, and comforting.....	472
Strengthening	472
Encouraging	473
Comforting	474
Sample prayer to strengthen, encourage, and comfort.....	474
How to recognise a spiritual attack	476
Before ministry.....	476
During ministry.....	477
After ministry.....	477
Sustaining your prayer ministry calling	479
Authority grows with use.....	479
Practice, practice, practice.....	480
Embracing your calling with faith and obedience.....	480
Maintaining spiritual health.....	481
Preventing burnout	481
Section 9: Legal and ethical considerations.....	483
Sexual orientation, gender identity	484
Overview of laws and regulations.....	484
Practical steps for prayer partners.....	485
Be cautious of intentional traps	486
Sample response to prayer requests.....	487

Safeguarding children	488
Why child protection matters.....	488
Legal frameworks and requirements.....	488
Parental or guardian consent.....	489
Dos and don'ts of ministering to children	490
Recognising signs of abuse	492
Practical guidelines for prayer partners.....	492
Other legal considerations for the ministry	493
Mandatory reporting laws.....	493
Confidentiality and privacy laws.....	493
Consent and autonomy.....	494
Defamation Laws.....	494
Discrimination and equal opportunity laws.....	495
Health and safety regulations	495
Professional conduct.....	496
What about volunteers?.....	496
Assault and battery laws.....	497
Financial transparency laws	497
False advertising and misrepresentation laws	498
Risk management and insurance	499
Common scenarios and how to handle them	500
Waiver form for prayer ministry	506
Voluntary participation and release of liability form	506
Appendix – Deliverance questionnaire	511
Answer the questions honestly	514

No part of this book may be reproduced, distributed, or transmitted in any form or by any means without the prior written permission of the author, except in the case of brief quotations embodied in critical reviews and certain other non-commercial uses allowed by copyright law.

Unless otherwise shown, all Scripture quotations are taken from the Holy Bible, New King James Version (NKJV), © 1982 by Thomas Nelson, Inc. They are used by permission. All rights reserved.